Castle Rock
Regenerative Healthcare

Private Regenerative & Longevity Medicine

CONCIERGE MEMBERSHIP · CASTLE ROCK, COLORADO · DR. SCOTT E. FAULKNER, MD

THE OPPORTUNITY

Medicine is shifting from reactive to proactive

Traditional healthcare waits for disease. Regenerative longevity medicine starts earlier, with deep testing and a provider who reads every result with you, focused on healthspan: the years you live with full vitality.

01

PREDICT

Deep diagnostics reveal what standard checkups often skip.

02

PREVENT

Root-cause plans find risk early and act on it with you.

03

OPTIMIZE

Advanced therapies restore energy, resilience, and performance.

OUR APPROACH

Concierge care, engineered around you

Led by board-certified Internal Medicine physician Dr. Scott E. Faulkner, MD, our practice pairs 24/7 physician access and same-day appointments with a full suite of regenerative and recovery services.



Precision Diagnostics

We measure what matters: biomarkers, biological age, imaging, to build a complete picture of your health.



Personalized Protocols

No templates. Every recommendation is tailored to your data, history, and goals by your physician.



Regenerative Therapies

From stem cells to peptides, we offer therapies chosen from your data, under physician oversight.



Continuous Optimization

Wearables and ongoing coaching turn insight into daily action and track your progress over time.

THE PATIENT JOURNEY

Four steps to a longer, stronger life



Assess

A comprehensive consultation and full diagnostic workup establish your precise baseline.

Analyze

Your physician interprets every result and maps the root causes driving your biology.

Act

We build and deliver your personalized therapy, medication, and modality protocol.

Advance

Continuous monitoring and coaching refine the plan and verify measurable progress.

Castle Rock Regenerative Healthcare



01

SECTION ONE

Diagnostics & Assessment

We measure what standard medicine misses, establishing a complete, precise baseline of your health and biological age.



DIAGNOSTICS · 01 / 09

Initial Medical Consultation & History

Your journey begins with an in-depth physician consultation. We review your complete medical history, family risk profile, lifestyle, and goals to establish a precise clinical baseline: the foundation for a fully personalized protocol.

- Dedicated physician consultation
- Comprehensive history & risk review
- Personalized protocol roadmap

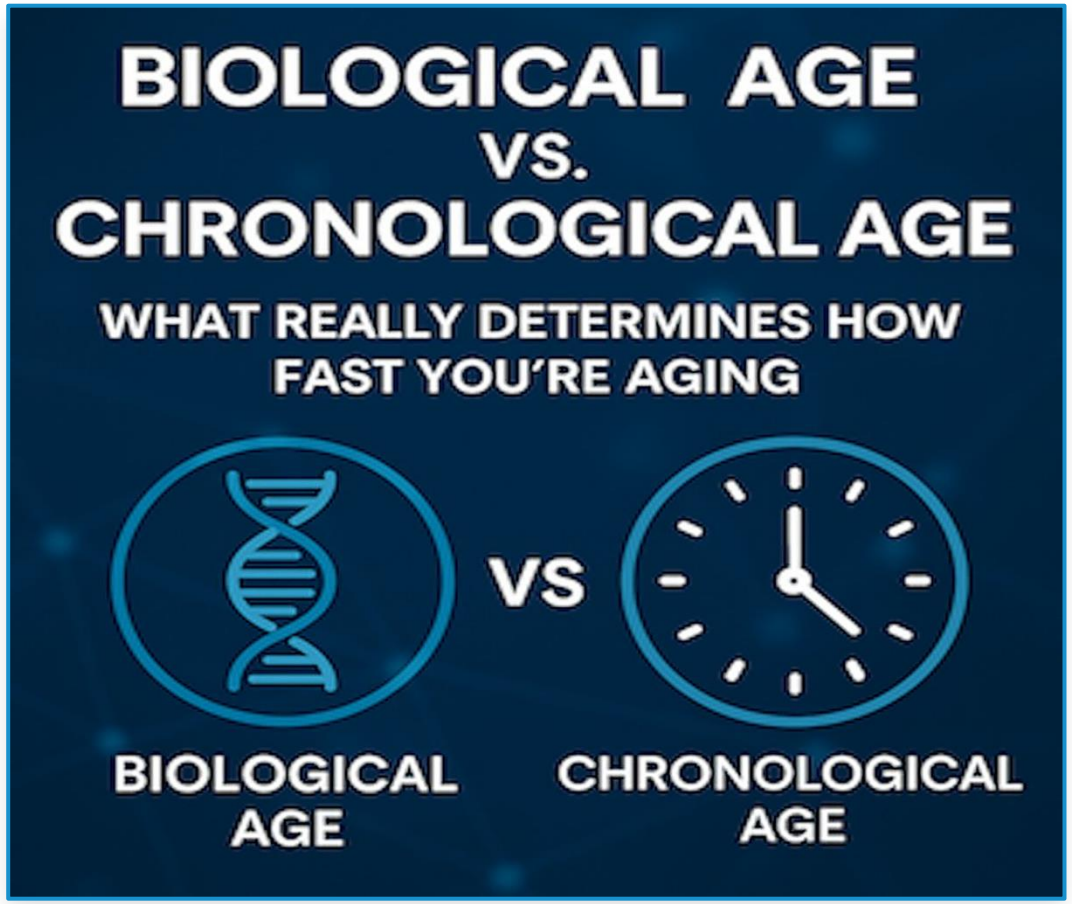
DIAGNOSTICS · 02 / 09

Advanced Biomarker Lab Testing & Pharma Meds

We analyze 100+ blood biomarkers across metabolic, hormonal, inflammatory, cardiovascular, and nutrient pathways, far beyond a standard panel. Where indicated, results are paired with prescription pharmaceuticals.

- 100+ advanced biomarkers
- Physician-led interpretation
- Prescription-grade interventions





Biological Age Testing

Chronological age tells you how long you've lived; biological age tells you how well. Using epigenetic DNA-methylation analysis, we estimate the biological age of your cells and your pace of aging, then track how they change over time.

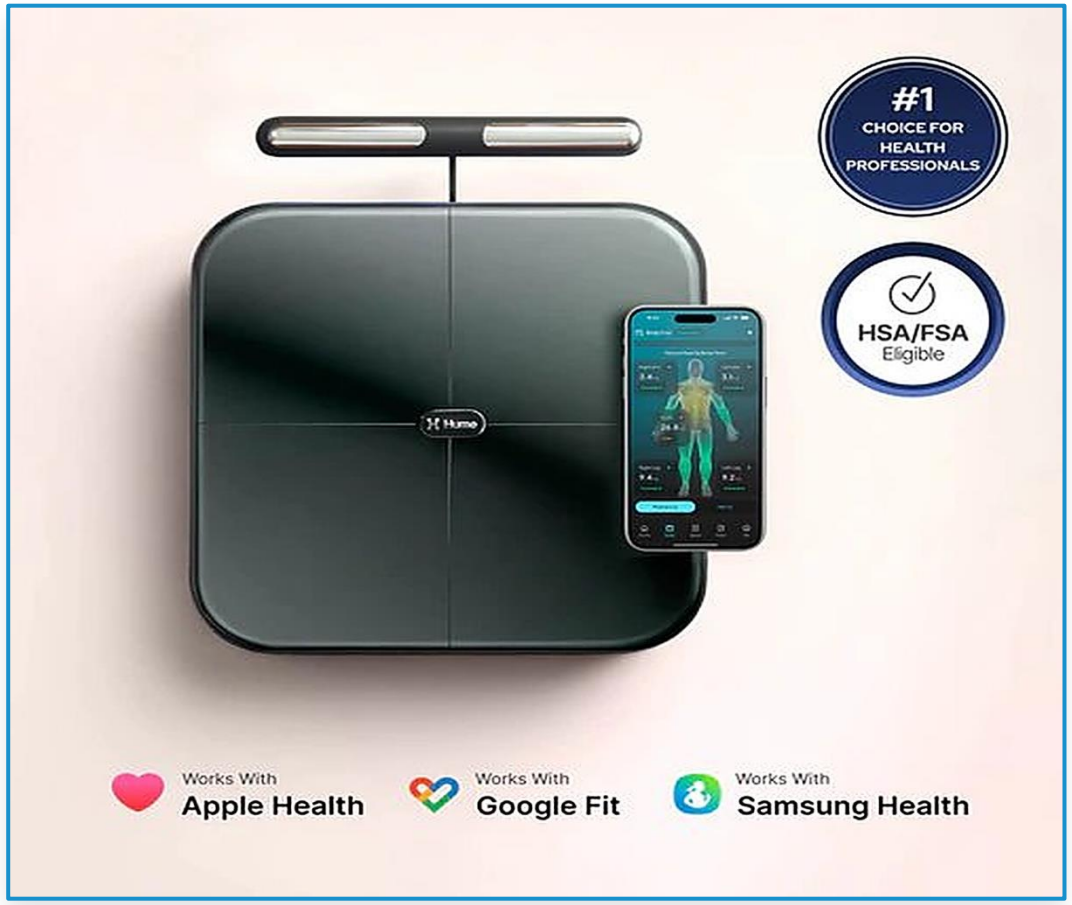
- Epigenetic DNA-methylation clocks
- Pace-of-aging measurement
- Re-tested to track change

Microbiome Testing



Your gut influences immunity, metabolism, mood, and inflammation. Advanced sequencing maps your microbiome's bacterial ecosystem, identifying imbalances, translated into targeted nutrition, prebiotic, and probiotic strategies.

- Deep gut-flora sequencing
- Inflammation & metabolic insight
- Personalized nutrition plan



DIAGNOSTICS · 05 / 09

Body Composition & Bone Health Testing

Using clinical-grade analysis, we measure lean muscle, fat distribution including visceral fat, and bone-mineral density with precision: powerful predictors of metabolic health and longevity, and a clear scoreboard for progress.

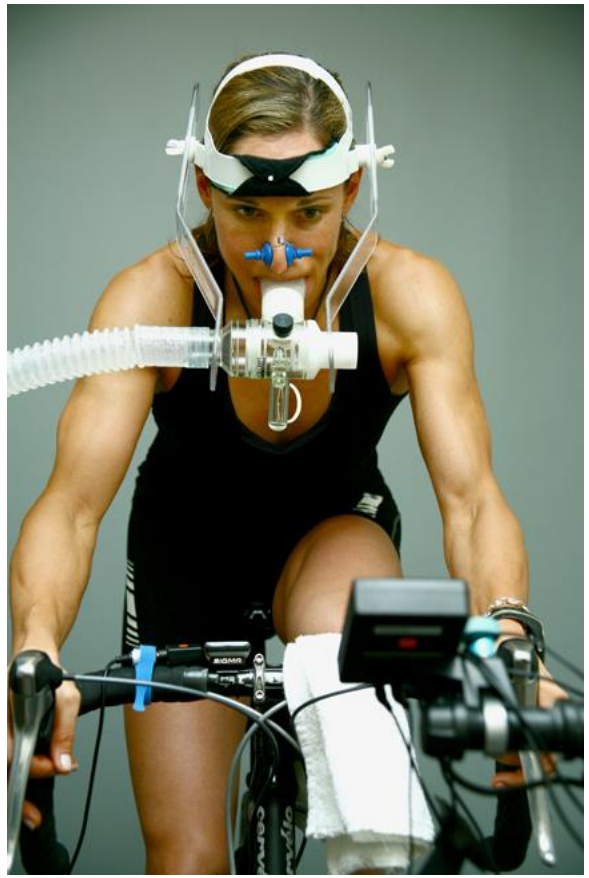
- Muscle, fat & visceral-fat mapping
- Bone-density screening
- Trackable progress metrics

DIAGNOSTICS · 06 / 09

VO2 Max Testing & Optimization

VO2 max, your body's maximum oxygen uptake, is one of the strongest single predictors of lifespan. We measure it precisely, then build a targeted training and recovery prescription to raise it.

- Gold-standard fitness measure
- Among the strongest longevity predictors
- Personalized optimization plan





DIAGNOSTICS · 07 / 09

Advanced AI Heart & Arteries Scan

Cardiovascular disease is often silent. Our AI-enhanced cardiac imaging detects arterial plaque and calcium scoring, so your physician can see risk early and plan next steps with you.

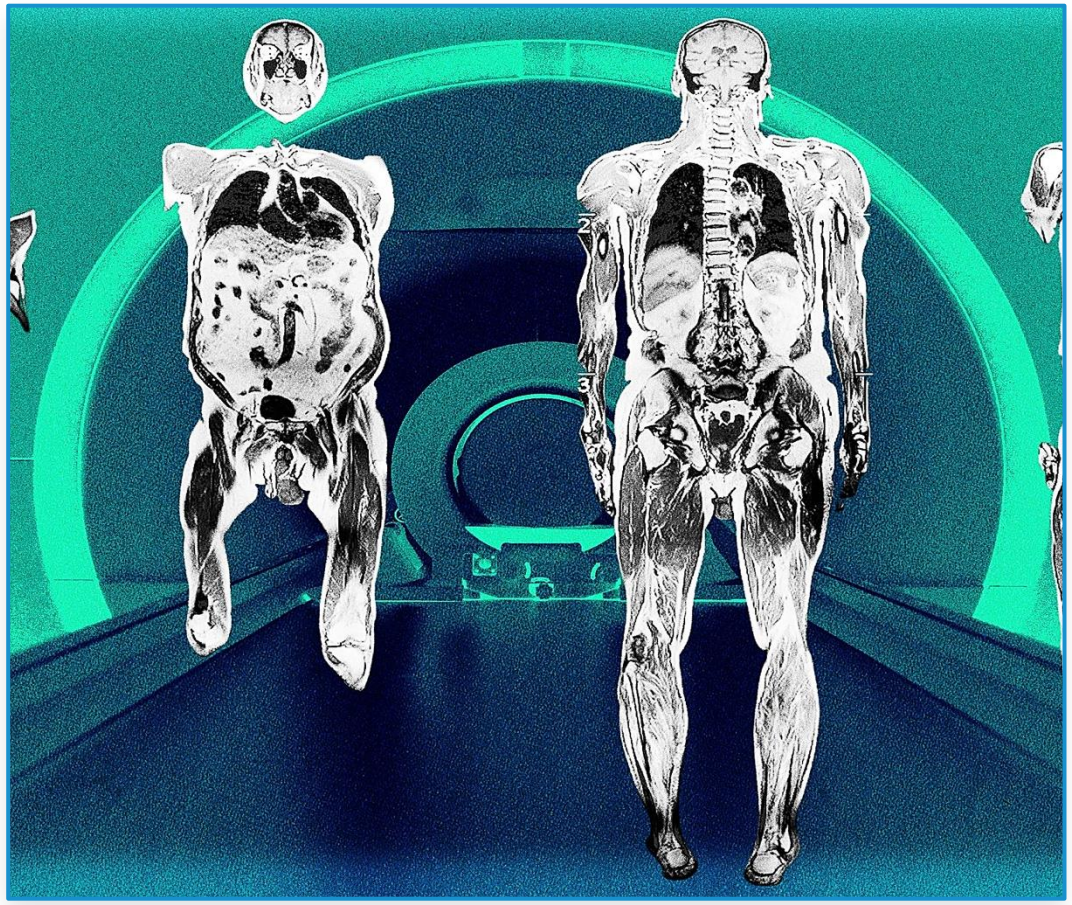
- AI-enhanced plaque & calcium scoring
- Reviewed with your physician
- Actionable cardiac risk profile

Circulating Tumor Cell Blood Test (CTCs)

Liquid-biopsy technology looks for circulating tumor cells in the bloodstream. Your physician reviews the result as one input. It does not replace guideline cancer screening.

- Circulating-tumor-cell blood test
- Minimally invasive blood draw
- Reviewed with your physician





DIAGNOSTICS · 09 / 09

Full Body MRI Imaging

A single radiation-free, head-to-toe MRI in about an hour, reviewed with your physician, including any incidental findings that may need follow-up.

- Radiation-free, head-to-toe
- Incidental findings explained
- ~60-minute session

02

SECTION TWO

Therapeutics & Optimization

Physician-directed pharmacology to restore hormones, transform metabolism, and accelerate recovery.



THERAPEUTICS · 01 / 03

Bioidentical Hormone Replacement (BHRT)

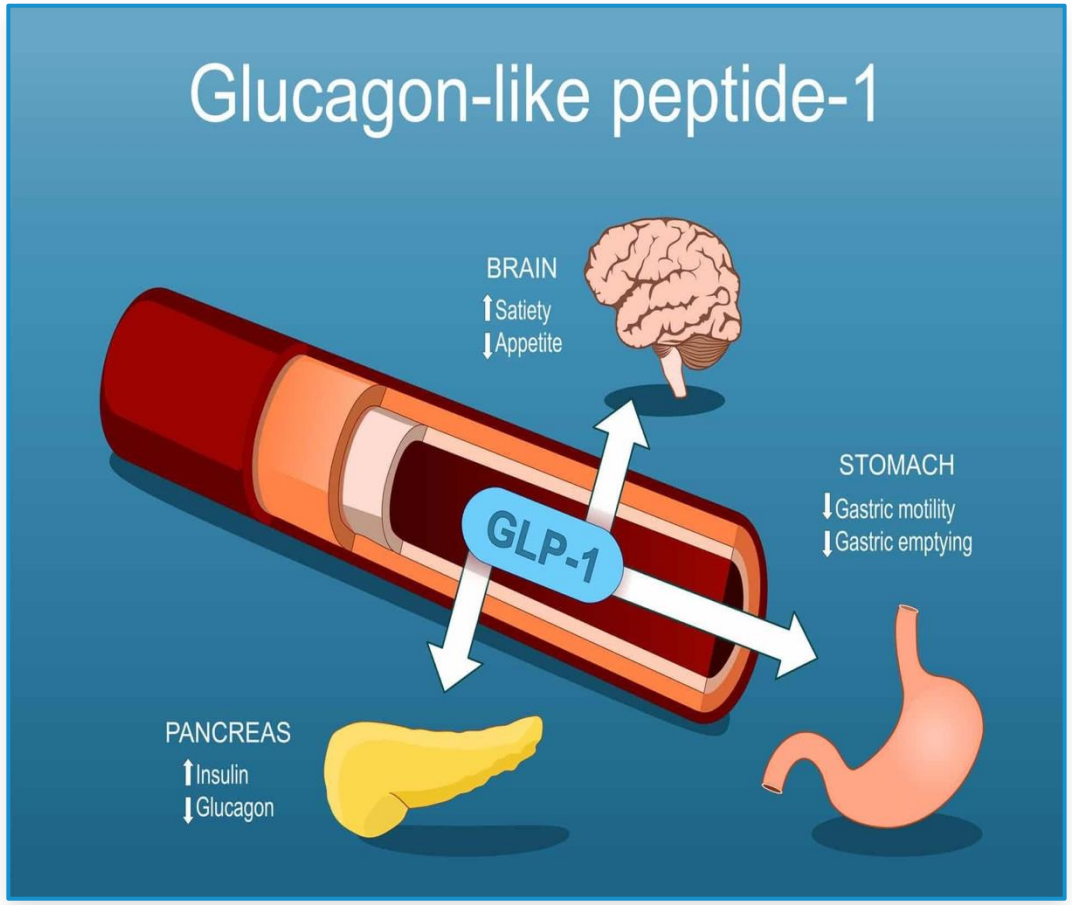
Hormones orchestrate energy, mood, libido, sleep, and body composition, and decline with age. Using bioidentical hormones structurally identical to your own, we restore optimal levels under careful physician monitoring.

- Structurally identical hormones
- Physician-monitored dosing
- Energy, sleep, libido & vitality

GLP-1 Therapy Medications

GLP-1 medications are widely used in metabolic medicine, supporting sustainable weight management, appetite regulation, and improved metabolic markers. We prescribe and titrate under supervision, integrated with nutrition tracking.

- Physician-guided weight management
- Medically supervised titration
- Integrated with nutrition coaching





THERAPEUTICS · 03 / 03

Peptide Therapy: InstaMed Strip Technology

Peptides are signaling molecules. We also carry InstaMed oral strips, sold as dietary supplements, that dissolve under the tongue, so no injection is needed. Every protocol starts with an evaluation and labs.

- InstaMed oral strips
- Needle-free delivery
- Discussed at your evaluation

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03

SECTION THREE

Regenerative & Performance

The optimization stack: advanced modalities and regenerative therapies, chosen from your data, under physician oversight.



HOCATT: Ozone & Carbonic Acid Sauna

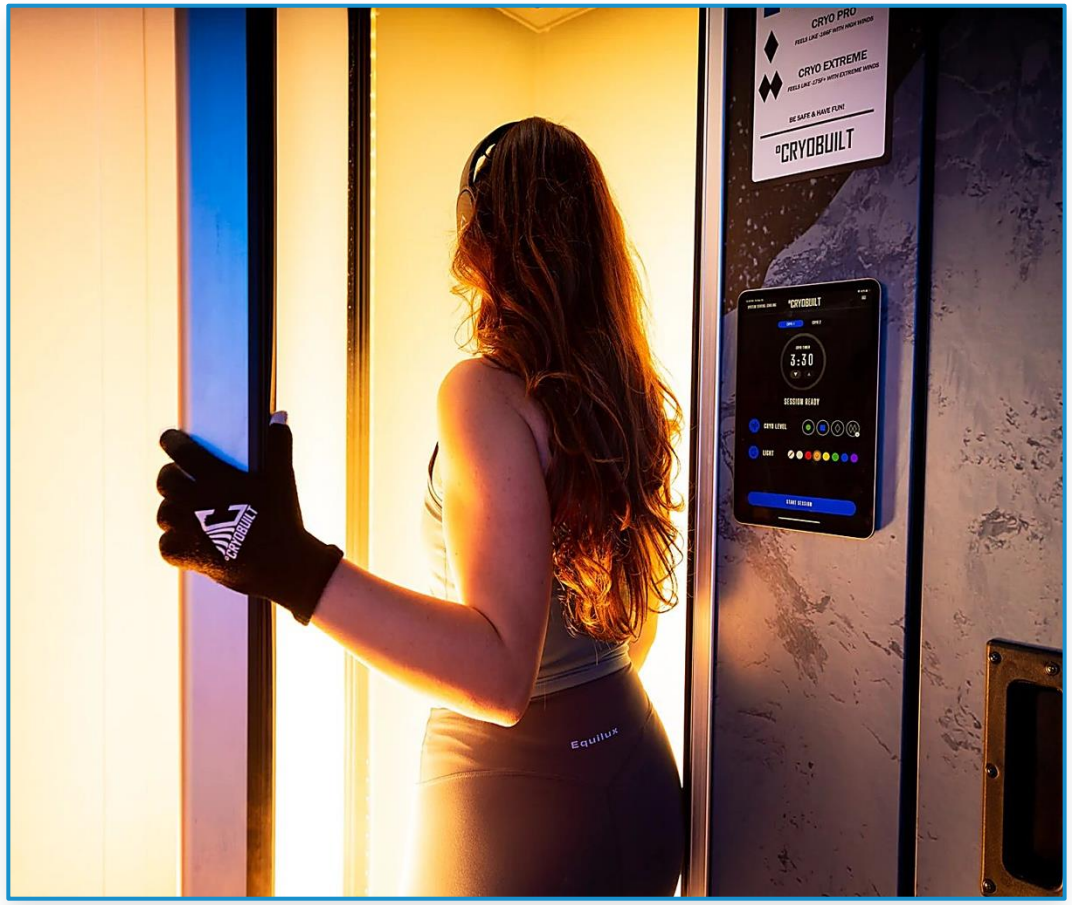
The HOCATT combines ozone, hyperthermia, carbonic acid, and more into a single session, head outside, ozone on the skin only. It is an elective wellness session; the FDA has not approved ozone for any medical use.

- Multi-modality ozone sauna
- Elective wellness session
- ~30-minute session

Cryotherapy Chamber (-170 C)

Whole-body cryotherapy exposes you to ultra-cold temperatures for a brief, invigorating session, staff-monitored the entire time. Many members make it part of their recovery routine.

- Whole-body, down to -170 C
- Staff-monitored, about 3 minutes
- Part of many recovery routines





REGENERATIVE · 03 / 08

Full-Body Red Light Bed (10 Wavelengths)

Photobiomodulation uses specific light wavelengths to stimulate cellular energy production. Our full-body bed delivers ten targeted wavelengths, used for skin appearance and recovery.

- Ten targeted wavelengths
- Skin appearance & recovery
- Full-body, relaxing

Custom IV Vitamin & Mineral Hydration

Delivered intravenously for near-complete absorption, our custom IV formulations are mixed fresh and tailored to your labs and goals, from hydration and energy to immune and recovery support, from a luxury massage chair.

- Tailored to your bloodwork
- Near-complete absorption
- Luxury massage-chair comfort





REGENERATIVE · 05 / 08

Hyperbaric Oxygen Therapy (HBOT) at 2.0 ATA

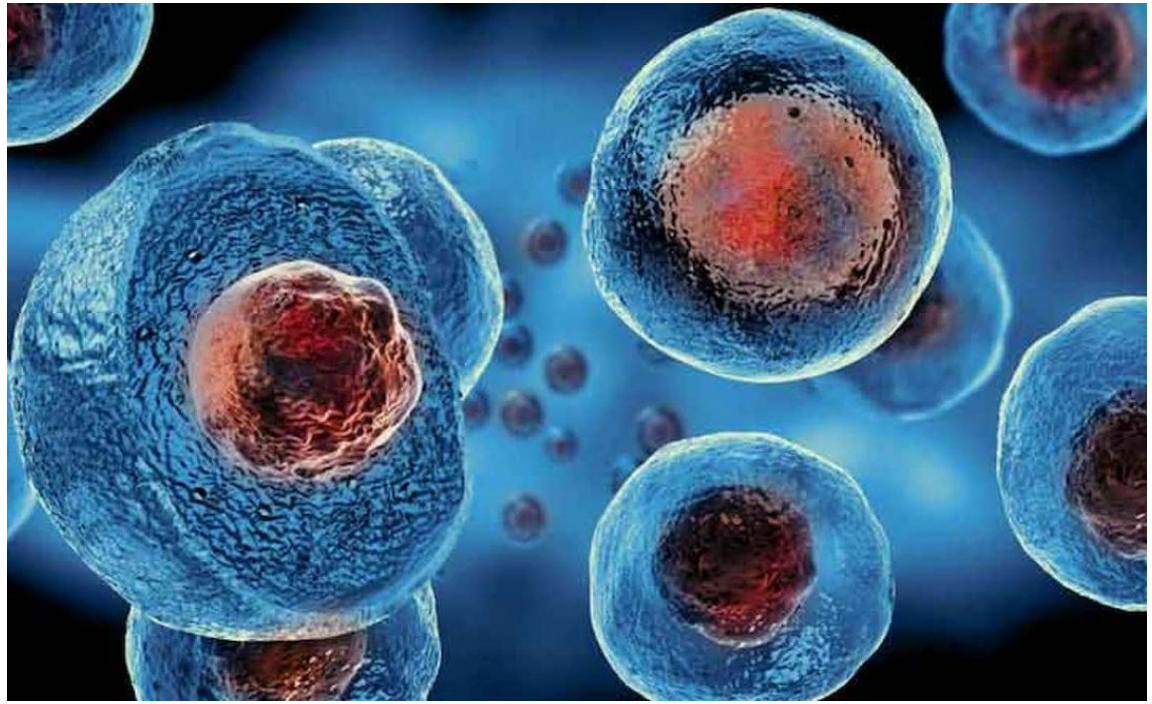
Breathing oxygen in a pressurized chamber at 2.0 ATA increases the oxygen dissolved in your blood and tissues. Sessions here are elective wellness and recovery sessions, within a physician-guided protocol.

- Pressurized 2.0 ATA chamber
- Physician-guided protocol
- Elective wellness & recovery

Donor-Derived Stem Cell Therapy

Donor-derived cells from screened, ethically donated tissue. Not FDA approved for joint, soft-tissue or wellness use. Administered under strict physician oversight, and among our most advanced offerings.

- Ethically sourced donor cells
- Not FDA approved for any condition
- Strict physician oversight







Therapeutic Plasma Exchange (TPE)

Therapeutic plasma exchange filters and replaces a portion of your blood plasma, a long-established hospital procedure. For healthy aging it is investigational, and we say so. Delivered within a carefully monitored protocol.

- Plasma filtration & replacement
- At the frontier of longevity research
- Clinically monitored protocol

Ongoing Biohacker Support Coaching

Longevity is built between visits. Your coach integrates real-time data from your Oura Ring and continuous glucose monitor with sleep, exercise, stress, and nutritional-biochemistry guidance, turning insight into daily action.

- Oura Ring + CGM integration
- Sleep, stress, exercise & nutrition
- Continuous, data-driven guidance



ANNUAL CONCIERGE MEMBERSHIP

Choose your level of optimization

Castle Rock Regenerative Healthcare

SILVER

From $3,250 / month

The essential foundation for proactive longevity.

- 45-min consult · 100+ biomarkers · Glycan Age
- Body / Bone / VO2 Max testing
- AI Cardiac Heart Scan & CTC Blood Test
- Tirzepatide · 3 custom peptides · BHRT
- 40 HBOT · HOCATT 1x/wk · Red Light & Cryo 2x/wk · IV monthly
- 1 TPE + cellular therapy where appropriate
- Oura 4 + Stelo CGM

GOLD

Book a consultation

Expanded diagnostics, imaging, and coaching.

- 1-hr consult · 120+ biomarkers · TruDiagnostic BioAge
- Body / Bone / VO2 Max testing
- AI Cardiac Scan · CTC Blood Test · Full Body MRI
- Tirzepatide · 6 custom peptides · BHRT
- 60 HBOT · HOCATT 1x/wk · Red Light & Cryo 3x/wk · IV monthly
- 2 TPE + cellular therapy where appropriate
- Oura 4 + Stelo CGM + Monthly coaching

PLATINUM

Book a consultation

The Ultimate Biohacker, our most comprehensive protocol.

- 1.5-hr consult · 150+ biomarkers · AgeCode BioAge · BiomeFX
- Body / Bone / VO2 Max testing
- AI Cardiac Scan · CTC Blood Test · Full Body MRI
- Tirzepatide · 10 custom peptides · BHRT
- 100 HBOT · HOCATT 1x/wk · Red Light & Cryo 4x/wk · IV 2x/mo
- 3 TPE + cellular therapy where appropriate
- Oura 4 + Stelo CGM + Weekly pro coaching

Memberships are billed annually. Pricing and inclusions per current concierge program.

MEMBERSHIP COMPARISON

What's included at every level

	SILVER From $3,250 / mo	GOLD Book a consult	PLATINUM Book a consult
Diagnostics & Age	45-min consult · 100+ biomarkers · Glycan Age · Body / Bone / VO2 Max	1-hr consult · 120+ biomarkers · TruDiagnostic BioAge · Body / Bone / VO2 Max	1.5-hr consult · 150+ biomarkers · AgeCode BioAge · BiomeFX · Body / Bone / VO2 Max
Advanced Imaging	AI Cardiac Heart Scan & CTC Blood Test	AI Cardiac Scan · CTC Blood Test · Full Body MRI	AI Cardiac Scan · CTC Blood Test · Full Body MRI
Meds & Peptides	Tirzepatide · 3 custom peptides · BHRT	Tirzepatide · 6 custom peptides · BHRT	Tirzepatide · 10 custom peptides · BHRT
Performance Lab	40 HBOT (60m) · HOCATT 1x/wk · Red Light & Cryo 2x/wk · IV monthly	60 HBOT (60m) · HOCATT 1x/wk · Red Light & Cryo 3x/wk · IV monthly	100 HBOT (90m) · HOCATT 1x/wk · Red Light & Cryo 4x/wk · IV 2x/mo
Regenerative Therapy	1 TPE + cellular therapy where appropriate	2 TPE + cellular therapy where appropriate	3 TPE + cellular therapy where appropriate
Biohacker Support	Oura 4 + Stelo CGM	Oura 4 + Stelo CGM + Monthly coaching	Oura 4 + Stelo CGM + Weekly pro coaching

SAFETY & OVERSIGHT

Physician-led, personalized, and honest

Physician-directed care

Every protocol is prescribed and monitored by Dr. Scott E. Faulkner, MD, a board-certified Internal Medicine physician, with 24/7 access and same-day appointments.

Personalized to your data

Recommendations follow from your diagnostics, history, and goals. We adjust as your biomarkers evolve. Nothing is one-size-fits-all.

Transparent about the science

Some regenerative therapies are emerging and are not FDA-approved to diagnose, treat, cure, or prevent disease. We share what the evidence does and doesn't yet show.

Individual results vary

Outcomes depend on your biology, adherence, and circumstances. This material is educational and is not a substitute for individualized medical advice.



Castle Rock Regenerative Healthcare

Begin your transformation

Schedule a free consultation to design the protocol that fits your life and your goals.

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Longevity Lab: 751 Maleta Lane, Suite 104 · Castle Rock, CO 80108

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FAMILY & VETERAN-OWNED